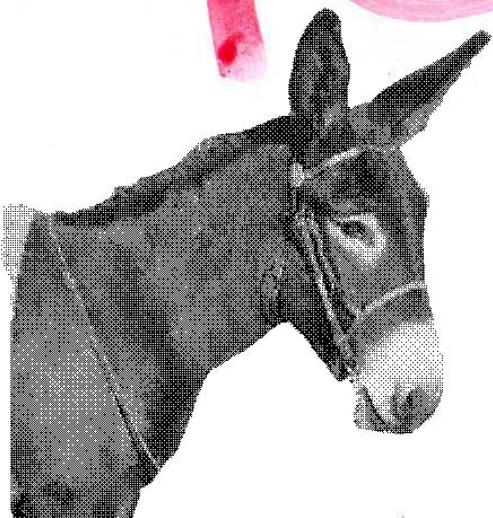


The Cowgirl's
Guide to

Riding Wild
Donkeys

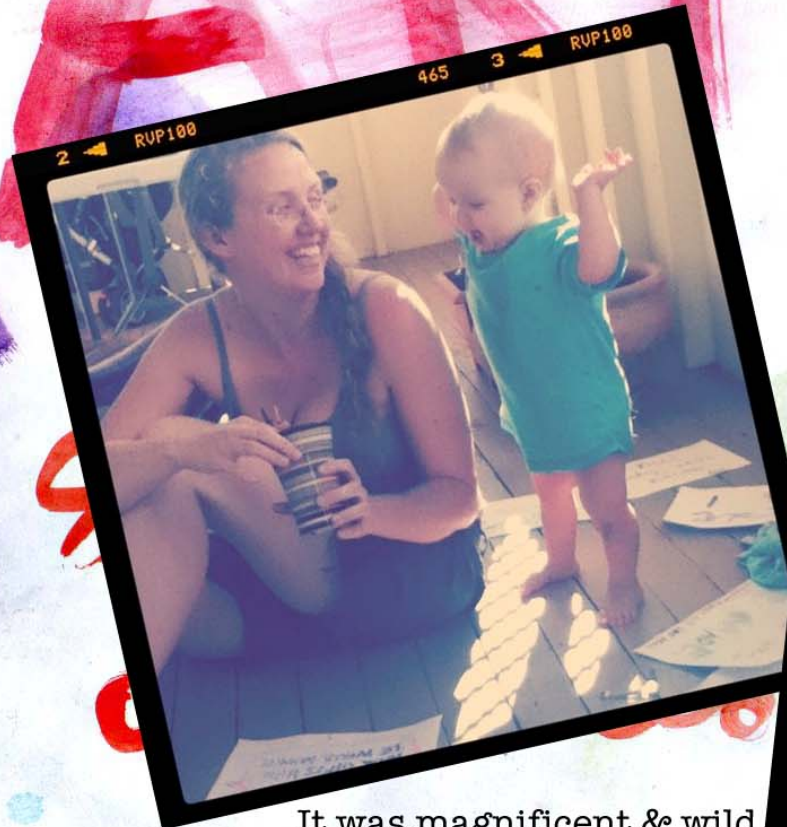


aka
How to get things DONE.
(YAY!)



This guide was written, painted & loved upon

by a cowgirl goddess named Goddess Leonie
& her one year old owl baby
Ostara.



It was magnificent & wild
& fun just like all donkey riding is.



A BABY BUTT SAY HERE

We hope you adore it. xoxo

So, I have a turquoise cowgirl hat
& a predilection for creating
stuff.

A LOT of stuff.

Over the last three years, I've
created:

- 4 meditation kits
- 4 e-courses
- 2 workbooks
- 50 something videos
- 100+ original artworks
- 1000+ blog posts.



Not to mention grown my business from a hobby to a thriving enterprise
that sustains my whole family. Crazy productive.

AND I also had an office job for two of those years.

Also, I had a baby. And moved across the countryside.

But I still created stuff.

Want to know my secret?
It's really, really complex.

(Tee hee! It's not! It's as simple as a donkey, as all things should be!)

It's the
RIDE ZE WILD DONKEY technique.

Why yes, that IS a monkey behind her!
But of course!!!



So, a wild donkey of an idea shows up in your paddock.

It's your job to jump on,
and ride it until it's finished, done, complete-o.

And then your job is to release it into the wilds.

The donkey will have done what has needed to.
And so will have you.

Want to know how I've ridden my donkeys?

The very first Creating your Goddess Year workbook & planner?
I came up with the idea just before Christmas of 2010. Four days of creating alldayeveryday later, it was finished and sent out into the world. The Radiant Goddess e-course videos? Filmed over one 12 hour day. The Creative Goddess e-course? Created SIX WEEKS of course materials (six 30 minute videos, six 30 minute original meditation MP3s and six hand-illustrated & painted workbooks) over SIX DAYS.

Bonkerdoodles?

Yes.

Crazy effective?

Yes.

Because those wild donkeys got ridden. And then they got released.

WHAT YOU NEED TO RIDE WILD

→ DONKEYS ←

Eyes pointed at
da horizon.

Hands that pour
magic out.
(not shown)



A cowgirl hat.
Preferably blue.

A wild
brave heart
(underneath).

Shoes that make you smile.

EVERYTHING YOU ALREADY HAVE

The Rules of Wild Donkey Riding

① IT'S MESSY

② It doesn't have to
be graceful.

③ RIDING WILD DONKEYS
IS NOT AN EQUESTRIAN
event MARKED BY
COMPETITION OR
SCORES.

THIS CORNER
WAS SACRIFICED
TO THE BABY GODS

The Perfect Wild Donkey Guide

I had a vision for how this guide would be.

This guide is NOT what the vision looked like.

In my dream vision, I would have pristine, clean ink drawings of adorable donkeys & wild cowgirls.

Everything would be handwritten & it would be just so perfect.

But if I waited for the time to make all that happen... it wouldn't have happened.

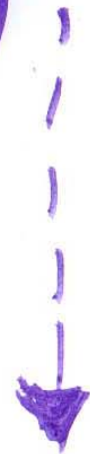
Instead, I bent on the verandah floor with my one year old daughter Ostara. We made a LOT of mess. (It was fun). I scanned it in as I jiggled her on my hip. Occasionally she'd get bored & cry, then I'd get cranky & frustrated. (That part wasn't as fun).

And then when she was asleep, I wrote this.

All in one day.

That's what it is to ride wild donkeys.
Messy. Dishevelled.
Making use of what you've got.
Making it happen anyway.

during the
making of
this guide



★ MEALS & NAPS INTERTWINED

♥ BREASTFED A BAZILLION
TIMES

★ OSTAR A SPILLED WATER,
ATE PAINT, COMMANDEERED
ALL MY PAINTBRUSHES...

... SAT IN MY WATERCOLOURS,
TORE SHEETS & made a

WHIRLIND.

ALSO MY PHONE Rang

& my dog charlie
fARTED



BUT STILL!

Donkeys were

Ridden

AND



ART

was

MADE.

A BABY BUTT SAT HERE

OUR ART
MUST BE MADE

OUR STORIES
MUST BE TOLD

OUR gifts
MUST BE
SHARED

THIS IS WHAT IT IS TO RIDE A WILD
DONKEY

THE INEVITABILITY OF
IT'S TO ACCEPT DISTRACTIONS,
ERRORS. NO TIME & THAT THING
CALLED LIFE...

& GET IT DONE ANYWAY...

The Problem With The Chip-Away Technique

The thing is - and I suspect 97% of the population are secretly like me -
I'm not one to chip away at stuff for a year or three.

Bleh. The whole idea feels muted and dull to me.

The only guarantee out of that technique for me is that I **will** lose interest and momentum.

And yet - if I just harness the energy of the wild donkey idea when it's in my paddock, it makes creating so much easier.

I am happy to have days of huge creative surges then rest and recover for a week after.

What happens when I wait...

Want to know what happens to the stuff that I wait for, molly coddle, caress gently, tease out, think about, want to make perfect?

That's the stuff I haven't made.

That's the stuff that's still sitting on my desk.

It's called Mount Project, and it is a mammoth pile that still teases me

Riding the wild donkey might be wild, my gosh is it fun and exhilarating and delicious.

And oh my goddess, how it gets things DONE. Created. Out in the world for them to dance their magic and do what they need to do.

Which is much more than can be said for all the dreams that lay buried in Mount Project.



Splash your colour
out into the world.

We must
Rescue
our Donkeys
& Set Them Free

The way I see it?

It's my responsibility to ride the donkeys that turn up in my paddock.

There's something I need to learn from them.
There's something that needs to happen there.

And those wild, gorgeous crumby donkeys need me to set them free into the world.

Which I can only do by putting on some big girl panties, a cowgirl hat : some canoes, and just JUMPING ON.

Riding, creating, having faith, trusting, pushing, taking deep breaths, being mad, glorious and fabulous all at once.



**SHARE
YOUR GIFTS WITH
THE WORLD, DAMMIT!**

? What miracles
will you create
to day?

(FILL IT IN)

Incase you need the reminder...

The Wild Donkey wants you to:

FINISH IT.

Don't hold it up.

Don't wait for the perfect creative time.

Don't wait for anyone else.

Don't wait for a publishing deal.

Don't wait for outside validation.

Create it until it's done, then **RELEASE IT.**

Jump on the wave of inspiration, and surf it out until the wave is done.

You don't need to be properly prepared.

You just need to do your job.

RIDE ZE WILD DONKEY!

Do it. Create it. Have faith in it. Finish it. Release it.



FINISH
IT.

GIVE IT WINGS
SO IT CAN BE SET
FREE INTO THE WORLD.

I believe in you.

I love you!!!!

Go grab your cowgirl hat!
Youcandooooooooooooet!

big love,

♥ Jeanie

Me at 12 with my horsey soulmate.
(Not a donkey. But just as perfect.)

